



SOUTHERN PALM
ZEN GROUP

June 2015

Volume 9, Number 6

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Our Schedule

Wednesday Evening

Orientation to Zen & Meditation:

5:30 – 6:00 p.m.

Study Group

6:00 – 6:40 p.m.

Service & Zazen

6:50 – 8:00 p.m.

Thursday Morning Zazen

7:00 a.m. – 8:00 a.m.

Saturday Morning

Service & Zazen

7:15 – 9:10 a.m.

Study Group

9:15 – 10:00 a.m.

June 13, 2015
8:00 a.m. to 4 p.m.

Zazenkai: How to Appreciate Your Life with Greg Daikin Hicks Sensei

Let's welcome back to our Zendo our friend Greg Daikin Hicks. If you were unable to be there last year for this wonderful day we hope you will be able to attend this year. His talk, *How to Appreciate Your Life*: drawing from the teachings of Maizumi Roshi and others, will offer fresh insight into the age old challenge to find joy in the midst of suffering.



Daikin is an ordained Soto Zen priest in the White Plum Asanga.

Daikin was first exposed to meditation practice in 1989, through the martial arts, and then with Taoist Qigong practice. He began Zen practice in 1994 in NYC at the Fire Lotus Temple and entered into formal training in 1995 as a student of the late John Daido Loori Roshi. After moving to California in 1999, Daikin practiced for a time with Nicolee Jikyo McMahon Roshi in San Diego, until he moved to Florida in 2004 and met Lou Mitsunen Nordstrom. Daikin immediately connected with Mitsunen, became his student and entered into a period of intense study with Mitsunen

Our Website

www.floridazen.com

look here for recommended resources
and readings for students of Zen

Contact Us

OUR MEETING PLACE

Unitarian Universalist Fellowship
2601 St. Andrews Blvd.
Boca Raton, FL

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Find us on Facebook:
Southern Palm Zen Group

Join Our Meet-up Group
www.meetup.com/floridazen-com/

that continues today. Daikin received Dharma Transmission from Mitsunen in the Spring of 2014. Daikin is the head monk at Hokori-Ji in Lakeland, FL and enjoys serving the Zen Community at the Avon Park Correctional Facility as well. Daikin also has been given the designation of Qigong Master, by his teacher, Chinese Qigong Master Tianyou Hao, and teaches his system, The Inner Dan Arts Qigong. Daikin lives in the Tampa, FL area with his family and teaches upper elementary age children at Beach Park Montessori School.



Please note new schedule and time 8:00 a.m. to 4 p.m.

Suggested Registration Fee: \$20 to defray our expenses to bring this program to you. Dana for the teacher is extra and encouraged. Space is limited - **reservations required.** Vegetarian lunch will be served. If you have special food needs, you may bring your own. There will be tea, fruit, and biscotti for those who arrive early to help set up and for those who were unable to eat before coming to ensure everyone has a relaxed and comfortable sit.

RSVP: by June 8, 2015 to Jishin
southernpalmzengroup@gmail.com

We look forward to your peaceful presence.

SPZG Prison Outreach

Verse and commentary from one of our Prison Shanga Members

*A flower shown by One
to help many understand;
from Mind to Mind
a smile bursts forth
in knowing just this:
A flower shown by One.*

The Buddha simply preached the Truth to the monks on

For more news & insight from the wider White Plum Asanga, follow these links:

<http://www.zenpeacemakers.org>

www.zmc.org/talk

www.upaya.org/newsletter

www.whiteplum.org

Support the Sangha

Earn money for our Zendo by doing your searches on **GoodSearch.com**. Simply go to Goodsearch.com and enter us as your charity.

Type: Southern Palm Zen Group

Then perform all of your search engine searches there and earn the Zendo about 1 cent per search (you can imagine how that can add up).



Use **Smile. Amazon. Com** to make your purchases from Amazon. You may select Southern Palm Zen Group as your designated charity and Amazon will donate a portion of your purchase to our group.

Donations can be made by mail to

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Box 880551 Boca
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Vulture Peak. Maha Kashyapa understood the simplicity of Truth in its profound vastness and sheer beauty. Look around you at the Dharma flowers continually preaching. Do you understand?

Regional Practice Opportunities

Boca Raton Sangha Study Groups and Meetups

SPZG has a Wednesday book study at 6 p.m. I hope you'll join us for this wonderful journey through our new book *The Hidden Lamp, Stories from Twenty-Five Centuries of Awakened Women*. We have books for sale at the Zendo.

If you have not yet signed up on our [meetup.com](https://www.meetup.com) page please do so! You can join in our conversations, and keep up-to-date on our events, schedules, and notices in between our monthly newsletters. Here is a link to get started: https://secure.meetup.com/quick_reg/ Once you create an account, you can choose Southern Palm Zen Group as one of your groups. All of our notifications for meetings and any schedule changes will be emailed to you through this website

Kathy (Shokai) Bishop created several workbooks for the prison ministry on Buddhism (*The Eightfold Path Revisited, The Ten Paramitas, The 16 Buddhist Precepts, and a Journey with Eihei Dogen,*) if you'd like a copy of any of them please e-mail her at shokai1210@gmail.com and she will send you a PDF file of it. Or you can read the installments at her blog. She is working on a new series on the sutra "Faith in Mind" which will be turned into a workbook for the prison ministry upon its completion, you can read those installments on her blog as well www.unlockthedoortolearning.com or download her completed workbooks at <https://kucampus.academia.edu/KathleenBishop>

Broward Zen Group

Broward Zen Group meets Thursday evenings at the Herb Skolnick Community Center in Pompano. On the third Saturday of each month, they have a mini-zazenkai. For more information, please contact Carole Walsh carolewalshgraphics@gmail.com or visit www.browardzen.com

SPZG Calendar of Events

Saturday, July 18, 2015

**All Day Zazenkai with Mushin and Jishin.
8:00 a.m. until 4:00 p.m.**

Saturday, August 15, 2015

**Half Day Zazenkai to celebrate Doshin's 80th Birthday.
7:15 a.m. until 12:00 p.m.**

Please register for all events so we can be sure to have enough places for everyone to sit and enough food for everyone to eat. We look forward to your peaceful presence.

for further information on these events and to register, contact Jishin:
southernpalmzengroup@gmail.com



Local Bulletin Board

MBSR monthly practice session

When: June 13, 2015

Time: 2:00 pm-4:00 pm

Where: 6007 Le Lac Road, Boca Raton, FL

RVSP: Paula Winker (561.756.6483) or

pwinker@studiosevenbocaraton.com

What to bring: an open mind; yoga mat/zafu optional

For information on the variety of Mindfulness-Based Stress Reduction programs in the area, please email gus@18mind.com

Interfaith Café

Who: Community members from a variety of traditions or no tradition

What: Informal gathering for conversation and refreshment

When: Third Thursday of the month from 7 – 9 p.m.

Where: South Palm Beach County Civic Center, Jog Rd, Delray

To be put on an email list to receive information about this rich interfaith experience, run by and for lay people in a non-traditional way please email Jishin (southernpalmzengroup@gmail.com) or find the meet-up group: <http://www.meetup.com/Interfaith-Cafe/>


Family Promise of South Palm Beach County

Who: A community organization serving homeless families

What: Volunteers needed

When: Contact them for dates and locations when volunteers are needed

Where: UU Fellowship of Boca Raton



Contact: Vicky Kemish at vkemish@gmail.com

Please note that the Sangha bulletin board is available for all members of the sangha. Please email Jishin (southernpalmzengroup@gmail.com) if you wish to add to this section of the newsletter.